

## For a healthy school life



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Yokkaichi City Board of Education

Thank you for your cooperation in responding to the new coronavirus infection. Please continue to manage your family's physical condition and take measures against infection at home during the summer vacation. At school, we will continue to take thorough infection control measures to prevent the spread of infection within the school.

「Continue what you can do」 Infection control is the same for mutant strains!

Mutant strains (delta strains) are said to be highly infectious. It is important to take the measures so far more thoroughly.

## When wearing masks

- Put on without gaps
- Do not touch your face

## When washing your hands

- Do it for 30 seconds or more
- Avoid sharing towels

Avoid crowded places,  
close-contact settings and  
closed spaces

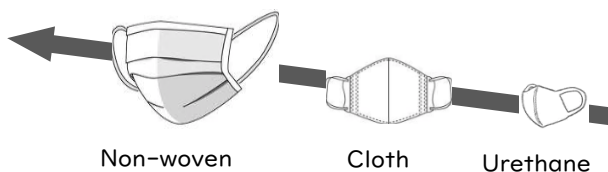
- Diligent ventilation
- Keep social distancing



## 【For Masks】

- Wear a mask whenever you talk to others to prevent droplet transmission from yourself to the other person.
- Choose a mask that fits your face perfectly.
- The most effective mask is a non-woven mask.

Effectiveness 高 (High)



Non-woven

Cloth

Urethane

## 【For ventilation】

- Even if you are careful about your social distance, the risk of infection increases in poorly ventilated rooms.
- In order to avoid closed spaces, the school always opens windows and doors, and the value of the CO2 monitor is used as a guide for air pollution to ventilate.
- A general air conditioner only circulates the air in the room and does not replace the air. Please keep in mind to diligent ventilation at home, such as opening two windows and doors in the room for 5 to 10 minutes every hour.

Reference : <Ministry of Health, Labor and Welfare>

Q & A regarding the new coronavirus (for the general public)

<https://qr.quel.jp/pv.php?b=3sLxGVc>



Daily lives and routines seem to change in an instant due to the new coronavirus infection. The living environment and lifestyle have changed significantly due to the new coronavirus infection. As a result, regardless of children or adults, it is thought that the burden on the mind, such as tiredness and anxiety, is increasing. We ask that you continue to make time at home to talk about your family's "current feelings" as well as daily infection control and physical condition.

There is also a consulting service where children up to the age of 18 can discuss their concerns by email.

< National Center for Child Health and Development >

Kokoro × Kodomo e-mail consultation kodomo-liaison@ncchd.go.jp

## Requests regarding COVID-19 Infection Prevention Measures

When <u>your child</u> or <u>family members living together</u> became <i>positive</i>	⇒	Please wait at home. Please contact the school.
When <u>your child</u> becomes <i>a close contact</i>	⇒	Please wait at home. Please contact the school.
When a <u>family member living together</u> becomes <i>a close contact</i>	⇒	Please contact the school.
When <u>your child</u> or a <u>family member living together</u> is <i>to be examined</i>	⇒	Please wait at home. Please contact the school.
When <u>your child</u> has <i>a cold symptom</i>	⇒	Please wait at home.
When a <u>family member living together</u> has <i>a cold symptom</i>	⇒	Please refrain from going to school.

Attendance will be suspended while waiting at home for the new coronavirus infection, you will not be absent.

## Contact information for new coronavirus infections

<p><b>From Mon to Fri</b>    <b>Call the School</b>          For Elementary school 7:45~18:00          For Junior high school 7:45~19:00          ※ It may be until 17:00 depending on the schedule of each school.</p>	<p><b>For Sat・Sun・Holidays</b>  <b>Call the Dedicated phone</b>          9:00~17:00          090-7916-0861 / 080-2642-0967</p>
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※ You can also check 「The news from Yokkaichi School Infectious Diseases」 on the Yokkaichi City website.

四日市 感染症だより

検索



【For inquiries: Please contact the Yokkaichi City Board of Education School Education Division TEL059-354-8252】

« For more information on new coronavirus infection in Yokkaichi City »

Please refer to Yokkaichi City Home Page

<https://www.city.yokkaichi.lg.jp/www/index.html>

«For inquiries regarding the new coronavirus vaccine»

Please call Yokkaichi Corona Vaccine Call Center 059-327-5990

